

## Professional Disclosure Statement

Sally Giles, LPC, LCAT, ATCS • (503) 929-8807 • sally@creativecounselingpdx.com  
4445 NE Fremont St., Portland, OR 97213 • www.creativecounselingpdx.com

**Philosophy and approach:** I employ an eclectic approach with a person-centered emphasis to art therapy, counseling and supervision. I believe that creative expression can inform and deepen the self-discover and emotional healing possible through therapy.

I offer art therapy and counseling for problems with mood, relationships and overall satisfaction and meaning in life. I work well with school aged children (5 and up), adolescents, adults and older adults. I have specialized experience helping people with grief and loss, family caregiving, adjusting to health changes, chronic or terminal illnesses, physical abilities, coping with pain, aging and memory loss. I offer individual and group art-based supervision for Master's level graduates working towards their counseling and art therapy credentials.

I am a licensed counselor in the state of Oregon, License # C2587.

I am a Licensed Certified Art Therapist in the state of Oregon, License # ART-C-10205612.

I am a Registered and Board Certified Art Therapist and Art Therapy Certified Supervisor ATCB # 06-170.

**Formal Training and Education:** I hold a Bachelor's Degree from Drake University, a Master of Arts in Art Therapy from the School of the Art Institute of Chicago, and have completed additional graduate coursework through Capella University's Mental Health Counseling program. Major coursework included: art therapy and counseling theory and techniques, human growth and development, cultural dimensions, family art therapy, group dynamics, lifestyle and career development, substance abuse, assessment, research, ethics and practicum experiences with children, adolescents, adults and older adults. I am qualified to supervise professionals working towards their ATR and LPC credentials.

**Continuing Education and Consultation:** For all of my credentials I am required to participate in continuing education. I've completed continuing education on many topics including supervision, ethics, trauma, death and dying, grief, anxiety, depression, multicultural competencies and end-of-life care. I participate in professional consultation as needed. I have and do abide by the codes of ethics of the American Counseling Association and the American Art Therapy Association and the Oregon Board of Licensed Professional Counselors and Therapists. I have and do adhere to the Art Therapy Credentials Board code of ethics, conduct and disciplinary procedure.

**Fees:** Some sliding scale fees are available and negotiated on an individual basis for all services.

I currently accept Medicare, Care Oregon, United Behavioral Health, United Healthcare, Providence and BCBS of Oregon insurance.

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\$150 per hour for individual art therapy or counseling

\$175 per hour for initial consultation and assessment

\$90 per hour and \$115 per 1 ½ hour for individual ATR and/or LPC supervision

\$50 per 1 1/2 hour group ATR and/or LPC supervision

Telephone and videoconference sessions are charged at the same hourly rates.

Art therapy and counseling group fees vary and will be advertised with each group.

Payment is expected at time of service. I accept credit cards, cash or checks made out to Sally Giles.

**Cancellation Policy:** I request at least 24 hours notice for clients who must miss or reschedule a session. Clients who do not provide 24 hours notice and miss a session will be charged the full amount with the exception of illness or emergency.

**Custodian of Record:** If I die or am incapacitated, you can contact Lori von der Heydt, ND to access your records or obtain a referral at 503-249-4108 or [vonderheydt@beaumonthealthcare.com](mailto:vonderheydt@beaumonthealthcare.com).

**Note:** Though I practice within the Beaumont Health Care Clinic building, I am a sole proprietor, independent of the other professionals working there.

**Client's Bill of Rights:** -To expect that a licensee as met the minimal qualifications of training and experience required by state law

-To examine public records maintained by the Board and to have the Board confirm credentials of a licensee

-To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100)

-To report complaints to the board

-To be informed of the cost of professional services before receiving the services

-To be assured of privacy and confidentiality while receiving services as defined by rule and law including the following exceptions 1. Reporting suspected child abuse 2. Reporting imminent danger to client or others 3. Reporting information required in court proceedings or by client's insurance company or other relevant agencies 4. Providing information

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concerning licensee case consultation or supervision 5. Defending claims brought by client against licensee

-To be free from discrimination on the basis of age, color, culture, disability, race, religion, gender, sexual orientation, or other unlawful category

**Additional information about me is available on the Oregon Board of Licensed Professional Counselors and Therapists website.**

### To contact the Oregon Board of Licensed Professional Counselors and Therapists:

3218 Pringle Rd. SE #120, Salem, OR 97302-6312

(503) 378-5499

email: [lpct.board@oregon.gov](mailto:lpct.board@oregon.gov)

website: [www.oregon.gov/OBLCT](http://www.oregon.gov/OBLCT)

**To Contact the Art Therapy Credentials Board:** 7 Terrace Way, Greensboro, NC 27403-3660  
877.213.2822 email: [atcbinfo@atcb.org](mailto:atcbinfo@atcb.org) website: [atcb.org](http://atcb.org)

**After Hours Assistance:** If you are having a mental health emergency please call the crisis line in your home county:

- Multnomah County Crisis Line: 503.988.4888
- Washington County Crisis Line: 503.291.9111
- Clackamas County Crisis Line: 503.655.8585
- Clark County Crisis Line: 360.696.9560

**Other Emergency Resources:** • Police, ambulance, fire: 911

- Suicide Prevention Line: 988
- Portland Women's Crisis Line: 503.235.5333 OR 1.888.235.5333 (toll-free)
- Sexual Assault Resource Center Crisis Line: 503.640.5311; [www.sarcOregon.org](http://www.sarcOregon.org)
- Child Abuse Hotline: 503.731.3100

**Telephone Accessibility:** If you need to contact me between sessions, please leave a message on my voice mail. I am often not immediately available; however, I will attempt to return your call within 24 hours. If a true emergency situation arises, please call 911.

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**Social Media and Telecommunication:** Due to the importance of your confidentiality and the importance of minimizing dual relationships, I do not accept friend or contact requests from current or former clients on any social networking site (Facebook, LinkedIn, etc). I believe that adding clients as friends or contacts on these sites can compromise your confidentiality and our respective privacy. It may also blur the boundaries of our therapeutic relationship. If you have questions about this, please bring them up when we meet and we can talk more about it.

**Minors:** If you are a minor, your parents may be legally entitled to some information about your therapy. I will discuss with you and your parents what information is appropriate for them to receive and which issues are more appropriately kept confidential.

**Ending Counseling or Art Therapy:** Ending relationships can be difficult. Therefore, it is important to have a termination process in order to achieve some closure. The appropriate length of the termination depends on the length and intensity of the treatment. I may terminate treatment after appropriate discussion with you and a termination process if I determine that the psychotherapy is not being effectively used or if you are in default on payment. I will not terminate the therapeutic relationship without first discussing and exploring the reasons and purpose of terminating. If therapy is terminated for any reason or you request another therapist, I will provide you with a list of qualified psychotherapists to contact. You may also choose someone on your own or from another referral source.