

Professional Disclosure Statement

Sally Giles, LPC, LCAT, ATCS • (503) 929-8807 • sally@creativecounselingpdx.com
4445 NE Fremont St., Portland, OR 97213 • www.creativecounselingpdx.com

Philosophy and approach: I employ an eclectic approach with a person-centered emphasis to art therapy, counseling and supervision. I believe that creative expression can inform and deepen the self-discovery and emotional healing possible through therapy.

I offer art therapy and counseling for problems with mood, relationships, and overall satisfaction and meaning in life. I work well with school-aged children, adolescents, adults and older adults. I have specialized experience helping people with grief and loss, family caregiving, adjusting to health changes, chronic or terminal illnesses, physical disabilities, coping with pain, aging, and memory loss. I offer individual and group art-based supervision for Master's level graduates working towards their counseling and art therapy credentials.

I am a Licensed Counselor in the state of Oregon, license # C2587.

I am a Licensed Certified Art Therapist in the state of Oregon, license # ART-C-10205612

I am a Registered and Board Certified art therapist, and Art Therapy Certified Supervisor ATCB# 06-170.

Formal Training and Education: I hold a Bachelor's Degree from Drake University, a Master of Arts in Art Therapy from the School of the Art Institute of Chicago, and have completed additional graduate coursework through Capella University's Mental Health Counseling program. Major coursework included: art therapy and counseling theory and techniques, human growth and development, cultural dimensions, family art therapy, group dynamics, lifestyle and career development, substance abuse, assessment, research, ethics and practicum experiences with children, adolescents, adults and older adults. I am qualified to supervise professionals working towards their ATR and LPC credentials.

Continuing education and consultation:

For all of my credentials I am required to participate in continuing education. I've completed continuing education on many topics including supervision, ethics, trauma, death and dying, grief, anxiety, depression, multicultural competencies and end-of-life care. I participate in professional consultation as needed. I have and do abide by the codes of ethics of the American Counseling Association and the American Art Therapy Association and the Oregon Board of Licensed Professional Counselors and Therapists. I have and do adhere to the Art Therapy Credentials Board code of ethics, conduct and disciplinary procedure.

Fees:

Some sliding scale fees are available and negotiated on an individual basis for all services.

I currently accept United Behavioral Health, United Healthcare, Providence and BCBS of Oregon insurance.

\$100 per hour for individual, couples or family art therapy or counseling

\$75 per hour and \$95 per 1 ½ hour for individual ATR and/or LPC supervision

\$35 per 1 1/2 hour group ATR and/or LPC supervision

Telephone and videoconference sessions are charged at the same hourly rates.

Art therapy and counseling group fees vary and will be advertised with each group.

Payment is expected at time of service. I accept credit cards, cash or checks made out to Sally Giles, MA, ATR-BC, LPC.

Cancellation Policy:

I request at least 24 hours notice for clients who must miss or reschedule a session. Clients who do not provide 24 hours notice and miss a session will be charged the full amount.

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Custodian of Record:

If I die or am incapacitated, you can contact Lori von der Heydt, ND to access your records or obtain a referral at 503-249-7752 or vonderheydt@beaumonthealthcare.com.

Note: Though I practice within the Beaumont Health Care Clinic building, I am a sole proprietor, independent of the other professionals working there.

Client's Bill of Rights:

- To expect that a licensee as met the minimal qualifications of training and experience required by state law
- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee
- To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100)
- To report complaints to the board
- To be informed of the cost of professional services before receiving the services
- To be assured of privacy and confidentiality while receiving services as defined by rule and law including the following exceptions 1. Reporting suspected child abuse 2. Reporting imminent danger to client or others 3. Reporting information required in court proceedings or by client's insurance company or other relevant agencies 4. Providing information concerning licensee case consultation or supervision 5. Defending claims brought by client against licensee
- To be free from discrimination on the basis of age, color, culture, disability, race, religion, gender, sexual orientation, or other unlawful category

Additional information about me is available on the Oregon Board of Licensed Professional Counselors and Therapists website.

To contact the Oregon Board of Licensed Professional Counselors and Therapists:

3218 Pringle Rd. SE #120, Salem, OR 97302-6312

(503) 378-5499 email: lpct.board@oregon.gov

website: www.oregon.gov/OBLCT

To contact the Art Therapy Credentials Board:

7 Terrace Way, Greensboro, NC 27403-3660

877.213.2822 email: atcbinfo@atcb.org

website: atcb.org

After Hours Assistance:

If you are having a mental health emergency please call the crisis line in your home county:

- Multnomah County Crisis Line: 503.988.4888
- Washington County Crisis Line: 503.291.9111
- Clackamas County Crisis Line: 503.655.8585
- Clark County Crisis Line: 360.696.9560

Other Emergency Resources:

- Police, ambulance, fire: 911
- Suicide Prevention Line: 1.800.273.8255
- Portland Women's Crisis Line: 503.235.5333 OR 1.888.235.5333 (toll-free)
- Sexual Assault Resource Center Crisis Line: 503.640.5311; www.sarcoregon.org