

Informed Consent for ATR and/or LPC Supervision

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4445 NE Fremont St., Portland, OR 97213 • www.creativecounselingpdx.com

- The benefits of supervision include helping counselors and art therapists with personal growth, professional identity, assessment, diagnosis, treatment planning, professional ethics, and earning professional credentials.
- The risks to participation in counseling supervision and/or art therapy supervision include experiencing uncomfortable feelings and changes in relationships from the process of learning, being evaluated, and personal and professional growth and change.
- The supervisor is responsible for
 - Ensuring ethical client care, including maintaining client confidentiality
 - Providing formal and informal evaluation and feedback to supervisee
 - Initiating a plan for improvement in areas of identified need
 - Responding promptly to requests by supervisee to schedule sessions and complete paperwork
- The supervisee is responsible for
 - Identifying questions about personal and professional growth, client assessment and treatment, and professional ethics to bring to supervision sessions
 - Following through on homework or plans for improvement
 - Determining the number of supervision hours needed per month for licensure (if applicable) and scheduling sessions as needed
 - Maintaining appropriate paperwork with supervisor and credentialing board including initial application, changes in work site, hours logs and reviews
 - Informing clients of the parameters of supervision, and maintaining confidentiality by excluding client identifying information from discussions in supervision
- Supervisor and supervisee are both bound by the duty to warn and the limits of confidentiality are the same as in therapy. See Client's Bill of Rights on Supervisor's Professional Disclosure Statement.
 - Content of supervision sessions is also confidential with the exception of required assessments or progress reports sent to credentialing boards.

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- If supervisee is receiving supervision from multiple supervisors, written permission must be given by supervisee for supervisor to share progress/goals/areas of concern with other supervisors. This EXCLUDES written progress reports for credentialing boards.
- Supervision process
 - Each session will include check-in time during which supervisor and supervisee will determine priorities for session together
 - Exploration of priorities could include discussion, art making, research, case review, homework or other relevant activities agreed upon by supervisor and supervisee
 - Evaluation will occur informally during each session, and formally at 6 month intervals unless otherwise specified by credentialing bodies.
- If conflicts arise between supervisor and supervisee, both parties agree to attempt to resolve the conflict verbally, and if that is not successful, will involve a third party mediator agreed upon by both.
- Dual relationships may arise for supervisor and supervisee as educational and professional circles may intersect in the counseling and art therapy communities. Supervisor and supervisee agree to minimize these relationships during and after the supervisory relationship, and to open communication with one another to minimize negative impact should they arise.
- A confidential record of counseling and art therapy sessions, including all artwork, photographic records of artwork, discussions and written documents will remain confidential unless supervisee directs disclosure in writing, or the law requires or permits disclosure. An example of this would be if there is a reason to believe anyone is in immediate, severe danger to health or life including elder or child abuse. *See Client's Bill of Rights on Professional Disclosure Statement for more information about limits of confidentiality including disclosure of information for legal, insurance, or supervision purposes.*
- Supervisees may see the confidential record from supervision sessions at any time for so long as it exists.

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Emergency contact(s) at workplace who can follow up on client safety

Emergency contact for supervisee

If I participate in group counseling and/or art therapy supervision, I pledge to keep artwork and discussions of others in my group(s) confidential.

I have received and understand Sally Giles' Professional disclosure statement

All of my questions regarding this consent have been fully answered to my satisfaction.

My signature below indicates that I understand and agree to the above statements.

Print supervisee name: _____

Supervisee signature: _____

Date: _____